

Air Sample Collection

There are two ways to collect air samples.

1. For rooms in your home that collect moisture; kitchen, bathroom, laundry room, basement. **Lightly** spritz a paper towel with water and set it on the counter, alongside the wall. If there are any mold spores in your wall, they will be attracted to the moisture and will be drawn out. Let the towel sit near the wall for 24 hours. Next, place the sample in a labeled Ziploc bag that can be brought to your next appointment.
2. For rooms in your home, work or other areas where you suspect you may be reacting to the environment such as bedrooms, living areas, offices, etc. Set a glass jar (canning, recycled spaghetti sauce jar, etc) in the middle of the room for appx. 15 minutes. Seal and label the jar then bring it into your next appointment.